



HOLIDAY ICEBREAKERS

Use these conversation starters at the beginning of team meetings, during lunch breaks, or as a warm-up before diving into year-end tasks. No preparation required — just pick a question and let the conversation flow.

Holiday Favorites

- What's your go-to holiday movie, and how many times have you watched it?
- What's your favorite holiday food?
- If you could only listen to one holiday song all season, what would it be?
- What's your favorite thing about the holiday season?
- Winter activity: ice skating, sledding, building snowmen, or staying inside by the fire?



Lighthearted & Fun

- What's the worst gift you've ever received? (Keep it lighthearted!)
- Have you ever regifted something? Confess!
- If you could spend the holidays anywhere in the world, where would you go?
- What's one holiday task you actually enjoy, and one you dread?
- Early decorator or last-minute scrambler — which are you?

This Year's Plans

- What are you most looking forward to during the holidays this year?
- What's one thing you're hoping to accomplish before the new year?
- Are you hosting, traveling, or staying local for the holidays?
- What's one gift you're excited to give this year?
- If you could wish for one thing for 2026, what would it be?

This or That

- Eggnog or hot chocolate?
 - Holiday movie marathon or holiday music playlist?
 - Hosting or traveling?
 - Baking cookies or decorating gingerbread houses?
 - Real tree or artificial tree?
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